

COVID-19 Guidelines for Returning to School/Work at Our Lady of the Snows School (August 2020)

Positive Test Result

- Students, faculty and staff who have tested positive for COVID-19 should notify the school as soon as possible.
- Students, faculty and staff who have tested positive for COVID-19 will only be allowed to return to school according to the release date by the Miller/Cole County Health Department. A copy of the quarantine order/quarantine release should also be sent to the school.
 - ◆ **Scenario 1:** (Symptom-based criteria) If you have a Confirmed case of COVID-19 test result or a Suspected COVID-19 case and you did not get tested, you can return to school when all of the following are true:
 - It has been at least **10 days** since your symptoms first started; **AND**
 - You have had at least **3 days** in a row with no fever at all; **AND**
 - You have had at least **3 days** of improved symptoms, especially improved cough or shortness of breath; **AND** during those 3 days you have not taken any fever-reducing medication such as Tylenol, Acetaminophen, Advil, Ibuprofen, Aleve, or Naproxen
 - *Note that because people may continue to test positive on a viral test long after they are recovered from COVID-19, you can end isolation/return to school if all of the above are true.*
 - ◆ **Scenario 2:** If you have a Confirmed Covid-19 test but **never** had symptoms, you can return to school/work 10 days after the date of your positive test.
- Confidentiality will be maintained in every situation where a positive case has been confirmed.

Contact Tracing (Close contact with a positive case)

- If a student or staff member is identified as a close contact in a positive COVID-19 case, they must quarantine for the required number of days designated by the Miller/Cole County Health Department (normally 14 days) A copy of the quarantine order/quarantine release should also be sent to the school.
- If someone in a student or staff member's immediate household tests positive for COVID-19, the student or staff member must be quarantined from school for 14 days from the date of last exposure.

Awaiting Results

- If a student or staff member is being tested for COVID-19, they must remain at home until results are confirmed. They may not return to school or participate in activities if the test is positive.
- If a symptomatic person in the immediate household of a student or staff member is awaiting the results of a COVID-19 test; the student or staff member should stay home until the results are confirmed.

Absences of 2+ Days due to Illness

- Due to the increase of numbers in Covid Cases in our community, we are asking that any child that is missing school for 2 or more days due to not feeling well with symptoms of possible allergies, head colds, and/or stomach distress with or without fevers consult a pediatrician before returning to school. Documentation for return to school is greatly appreciated in these cases. You may email your documentation as well as any absence notices to rbeck@olosschool.org, or jakin@olosschool.org.
- ◆ Most medical professionals define a fever as a body core temperature elevation above 100.4 degrees. A temperature should be measured BEFORE giving medications to reduce the fever. Students who are sent home with a temperature must be fever free for 24 hours without the use of fever reducing medications and may return to school if accompanied by a doctor's note with a diagnosis not related to a respiratory illness, influenza or COVID-19 (such as pink eye, strep throat, ear infection, etc.). Students and staff must be fever free for 36 hours without the use of fever reducing medications if not accompanied by a doctor's note for a diagnosis. Fever reducing medications include Tylenol, Acetaminophen, Motrin, Ibuprofen etc.